

# Philippians & I Thessalonians



This DT book belongs to:

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## I Thessalonians Verses Key Memory Verses

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<sup>3</sup>We continually remember before our God and Father your work produced by faith, your labor prompted by love, and your endurance inspired by hope in our Lord Jesus Christ.  
**I Thessalonians 1:3**

<sup>4</sup>On the contrary, we speak as men approved by God to be entrusted with the gospel. We are not trying to please men but God, who tests our hearts.  
**I Thessalonians 2:4**

<sup>12</sup>May the Lord make your love increase and overflow for each other and for everyone else, just as ours does for you.  
**I Thessalonians 3:12**

<sup>3</sup>It is God's will that you should be sanctified: that you should avoid sexual immorality; <sup>4</sup>that each of you should learn to control his own body in a way that is holy and honorable,  
**I Thessalonians 4:3-4**

<sup>16</sup>Be joyful always; <sup>17</sup>pray continually; <sup>18</sup>give thanks in all circumstances, for this is God's will for you in Christ Jesus.  
**I Thessalonians 5:16-18**

## Philippians Key Memory Verses

<sup>6</sup>being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus. **Philippians 1:6**

<sup>21</sup>For to me, to live is Christ and to die is gain. **Philippians 1:21**

<sup>27</sup>Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ. Then, whether I come and see you or only hear about you in my absence, I will know that you stand firm in one spirit, contending as one man for the faith of the gospel **Philippians 1:27**

<sup>1</sup>If you have any encouragement from being united with Christ, if any comfort from his love, if any fellowship with the Spirit, if any tenderness and compassion, <sup>2</sup>then make my joy complete by being like-minded, having the same love, being one in spirit and purpose. **Philippians 2:1-2**

<sup>3</sup>Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. <sup>4</sup>Each of you should look not only to your own interests, but also to the interests of others. **Philippians 2:3-4**

<sup>14</sup>Do everything without complaining or arguing, <sup>15</sup>so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe **Philippians 2:14-15**

<sup>7</sup>But whatever was to my profit I now consider loss for the sake of Christ. <sup>8</sup>What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ **Philippians 3:7-8**

<sup>13</sup>Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, <sup>14</sup>I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus. **Philippians 3:13-14**

<sup>20</sup>But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ **Philippians 3:20**

<sup>6</sup>Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. **Philippians 4:6**

<sup>8</sup>Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. **Philippians 4:8**

## Devotions (DT) Step-by-Step

- 1) Read the Bible passage.
- 2) Write out the day's memory verse.
- 3) Choose one of the options provided (or create your own method) for personalizing, processing, and memorizing the verse.
- 4) Spend some time committing the verse to memory. (Review prior verses if you choose!)

## Tips for Scripture Memorization

- + Be familiar with the larger passage, or context, in which the verse is found.
- + Read the verse aloud several times with a lot of feeling. Try emphasizing different words.
- + Don't just scan the verse. Read it intently, like you would a love letter.
- + Memorize a phrase at a time. Add more as you learn it.
- + Quote word-for-word to build confidence and accuracy.
- + Meditate on the verse (think or chew on the meaning and consider how it applies to your life).
- + Use the verse over time to help you commit it to memory.

## Sample Devotions

Today's Verse: Psalm 119:11

1) Read the entire passage.

2) Write out today's verse below:

*I have hidden your word in my heart that I might  
not sin against you.*

*Psalm 119:11*

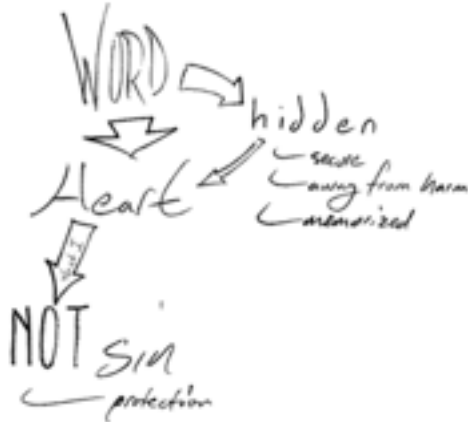
3) Choose one of the following to help personalize and memorize the verse:

-Personal Reflection      -Write a Poem      -Create a Mind Map      -Draw a Picture  
-Create Your Own Method (write the verse several times, combine words and pictures, etc.)

Personal Reflection:

*This verse reminds me that God gives me His word to help me fight against my sin. Sometimes, it is so hard to do the right things. But His word can remind me what's right and wrong. His word can encourage me. It tells me that He is with me so that when it's hard to do the right thing I can have courage. What are some ways I can hide God's word in my heart? I think I can start by first trying to know God's word, what He wants to say to me. And then I want to try and memorize some verses so that I can carry God's word with me throughout the day. I'm excited for this new DT thing we're doing. I think it will really help me with what I'm trying to do.*

Mind Map:



## Ephesians Key Memory Verses

<sup>13</sup>And you also were included in Christ when you heard the word of truth, the gospel of your salvation. Having believed, you were marked in him with a seal, the promised Holy Spirit, <sup>14</sup>who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession—to the praise of his glory.” **Ephesians 1:13-14**

<sup>18</sup>I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints, <sup>19</sup>and his incomparably great power for us who believe.”

**Ephesians 1:18-19**

<sup>8</sup>For it is by grace you have been saved, through faith—and this not from yourselves, it is the gift of God— <sup>9</sup>not by works, so that no one can boast. **Ephesians 2:8-9**

<sup>19</sup>Consequently, you are no longer foreigners and aliens, but fellow citizens with God's people and members of God's household, <sup>20</sup>built on the foundation of the apostles and prophets, with Christ Jesus himself as the chief cornerstone. **Ephesians 2:19-20**

And I pray that you, being rooted and established in love, <sup>18</sup>may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, <sup>19</sup>and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. **Ephesians 3:17(b)-19**

<sup>15</sup>Instead, speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ. <sup>16</sup>From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work. **Ephesians 4:15-16**

<sup>22</sup>You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; <sup>23</sup>to be made new in the attitude of your minds; <sup>24</sup>and to put on the new self, created to be like God in true righteousness and holiness. **Ephesians 4:22-24**

<sup>1</sup>Be imitators of God, therefore, as dearly loved children <sup>2</sup>and live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God. **Ephesians 5:1-2**

<sup>2</sup>"Honor your father and mother"—which is the first commandment with a promise — <sup>3</sup>"that it may go well with you and that you may enjoy long life on the earth." **Ephesians 6:2-3**

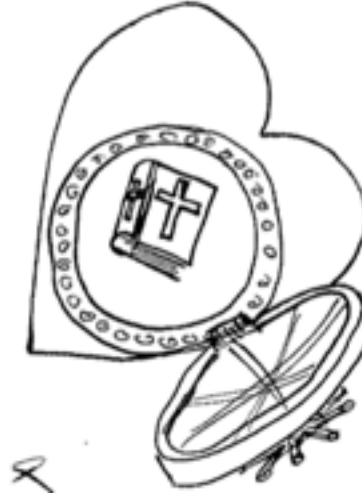
<sup>12</sup>For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. **Ephesians 6:12**

1) Write out your favorite verse from this week's verses:

2) Why is it your favorite?

3) Spend some time reviewing this week's verses!

Draw a Picture:



Write a Poem:

Keeping God's word close  
 Helps me not sin against God  
 Hidden in my heart

Create Your Own Method: (Can include using the space to write the verse several times to help remember it.)

Psalm 119:11

"I have hidden your word  
 in my heart that I might  
 not sin against you."

4) Spend some time committing the verse to memory!

1) Write out the verse you are having the most trouble memorizing **three times**:

2) Spend some time reviewing this week's verses!

## Philippians I

<sup>1</sup>Paul and Timothy, servants of Christ Jesus,

To all the saints in Christ Jesus at Philippi, together with the overseers<sup>[a]</sup> and deacons:

<sup>2</sup>Grace and peace to you from God our Father and the Lord Jesus Christ.

**Thanksgiving and Prayer**

<sup>3</sup>I thank my God every time I remember you. <sup>4</sup>In all my prayers for all of you, I always pray with joy <sup>5</sup>because of your partnership in the gospel from the first day until now, <sup>6</sup>being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

<sup>7</sup>It is right for me to feel this way about all of you, since I have you in my heart; for whether I am in chains or defending and confirming the gospel, all of you share in God's grace with me. <sup>8</sup>God can testify how I long for all of you with the affection of Christ Jesus.

<sup>9</sup>And this is my prayer: that your love may abound more and more in knowledge and depth of insight, <sup>10</sup>so that you may be able to discern what is best and may be pure and blameless until the day of Christ, <sup>11</sup>filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God.

**Paul's Chains Advance the Gospel**

<sup>12</sup>Now I want you to know, brothers, that what has happened to me has really served to advance the gospel. <sup>13</sup>As a result, it has become clear throughout the whole palace guard<sup>[b]</sup> and to everyone else that I am in chains for Christ. <sup>14</sup>Because of my chains, most of the brothers in the Lord have been encouraged to speak the word of God more courageously and fearlessly.

<sup>15</sup>It is true that some preach Christ out of envy and rivalry, but others out of goodwill. <sup>16</sup>The latter do so in love, knowing that I am put here for the defense of the gospel. <sup>17</sup>The former preach Christ out of selfish ambition, not sincerely, supposing that they can stir up trouble for me while I am in chains.<sup>[c]</sup> <sup>18</sup>But what does it matter? The important thing is that in every way, whether from false motives or true, Christ is preached. And because of this I rejoice.

Yes, and I will continue to rejoice, <sup>19</sup>for I know that through your prayers and the help given by the Spirit of Jesus Christ, what has happened to me will turn out for my deliverance.<sup>[d]</sup> <sup>20</sup>I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death. <sup>21</sup>For to me, to live is Christ and to die is gain. <sup>22</sup>If I am to go on living in the body, this will mean fruitful labor for me. Yet what shall I choose? I do not know! <sup>23</sup>I am torn between the two: I desire to depart and be with Christ, which is better by far; <sup>24</sup>but it is more necessary for you that I remain in the body. <sup>25</sup>Convinced of this, I know that I will remain, and I will continue with all of you for your progress and joy in the faith, <sup>26</sup>so that through my being with you again your joy in Christ Jesus will overflow on account of me.

<sup>27</sup>Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ. Then, whether I come and see you or only hear about you in my absence, I will know that you stand firm in one spirit, contending as one man for the faith of the gospel <sup>28</sup>without being frightened in any way by those who oppose you. This is a sign to them that they will be destroyed, but that you will be saved—and that by God. <sup>29</sup>For it has been granted to you on behalf of Christ not only to believe on him, but also to suffer for him, <sup>30</sup>since you are going through the same struggle you saw I had, and now hear that I still have.

1) Write out this week's four verses below.

2) Spend extended time reviewing and memorizing the verses.

Today's Verse: I Thessalonians 5:16-18

1) Read the entire passage.

2) Write out today's verse below:

3) Choose one of the following to help personalize and memorize the verse:

-Personal Reflection

-Write a Poem

-Create a Mind Map

-Draw a Picture

-Create Your Own Method (write the verse several times, combine words and pictures, etc.)

4) Spend some time committing the verse to memory!

## Philippians 2

### Imitating Christ's Humility

<sup>1</sup>If you have any encouragement from being united with Christ, if any comfort from his love, if any fellowship with the Spirit, if any tenderness and compassion, <sup>2</sup>then make my joy complete by being like-minded, having the same love, being one in spirit and purpose. <sup>3</sup>Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. <sup>4</sup>Each of you should look not only to your own interests, but also to the interests of others.

<sup>5</sup>Your attitude should be the same as that of Christ Jesus:

<sup>6</sup>Who, being in very nature <sup>a</sup> God,

did not consider equality with God something to be grasped,

<sup>7</sup>but made himself nothing,

taking the very nature <sup>b</sup> of a servant,

being made in human likeness.

<sup>8</sup>And being found in appearance as a man,

he humbled himself

and became obedient to death—

even death on a cross!

<sup>9</sup>Therefore God exalted him to the highest place

and gave him the name that is above every name,

<sup>10</sup>that at the name of Jesus every knee should bow,

in heaven and on earth and under the earth,

<sup>11</sup>and every tongue confess that Jesus Christ is Lord,

to the glory of God the Father.

### Shining as Stars

<sup>12</sup>Therefore, my dear friends, as you have always obeyed—not only in my presence, but now much more in my absence—continue to work out your salvation with fear and trembling, <sup>13</sup>for it is God who works in you to will and to act according to his good purpose.

<sup>14</sup>Do everything without complaining or arguing, <sup>15</sup>so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe <sup>16</sup>as you hold out <sup>c</sup> the word of life—in order that I may boast on the day of Christ that I did not run or labor for nothing. <sup>17</sup>But even if I am being poured out like a drink offering on the sacrifice and service coming from your faith, I am glad and rejoice with all of you. <sup>18</sup>So you too should be glad and rejoice with me.

### Timothy and Epaphroditus

<sup>19</sup>I hope in the Lord Jesus to send Timothy to you soon, that I also may be cheered when I receive news about you. <sup>20</sup>I have no one else like him, who takes a genuine interest in your welfare. <sup>21</sup>For everyone looks out for his own interests, not those of Jesus Christ. <sup>22</sup>But you know that Timothy has proved himself, because as a son with his father he has served with me in the work of the gospel. <sup>23</sup>I hope, therefore, to send him as soon as I see how things go with me. <sup>24</sup>And I am confident in the Lord that I myself will come soon.

<sup>25</sup>But I think it is necessary to send back to you Epaphroditus, my brother, fellow worker and fellow soldier, who is also your messenger, whom you sent to take care of my needs. <sup>26</sup>For he longs for all of you and is distressed because you heard he was ill. <sup>27</sup>Indeed he was ill, and almost died. But God had mercy on him, and not on him only but also on me, to spare me sorrow upon sorrow. <sup>28</sup>Therefore I am all the more eager to send him, so that when you see him again you may be glad and I may have less anxiety. <sup>29</sup>Welcome him in the Lord with great joy, and honor men like him, <sup>30</sup>because he almost died for the work of Christ, risking his life to make up for the help you could not give me.

**Philippians 3**

**No Confidence in the Flesh**

<sup>1</sup>Finally, my brothers, rejoice in the Lord! It is no trouble for me to write the same things to you again, and it is a safeguard for you.

<sup>2</sup>Watch out for those dogs, those men who do evil, those mutilators of the flesh. <sup>3</sup>For it is we who are the circumcision, we who worship by the Spirit of God, who glory in Christ Jesus, and who put no confidence in the flesh— <sup>4</sup>though I myself have reasons for such confidence.

If anyone else thinks he has reasons to put confidence in the flesh, I have more: <sup>5</sup>circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; in regard to the law, a Pharisee; <sup>6</sup>as for zeal, persecuting the church; as for legalistic righteousness, faultless.

<sup>7</sup>But whatever was to my profit I now consider loss for the sake of Christ. <sup>8</sup>What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ <sup>9</sup>and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God and is by faith. <sup>10</sup>I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death, <sup>11</sup>and so, somehow, to attain to the resurrection from the dead.

**Pressing on Toward the Goal**

<sup>12</sup>Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me. <sup>13</sup>Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, <sup>14</sup>I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

<sup>15</sup>All of us who are mature should take such a view of things. And if on some point you think differently, that too God will make clear to you. <sup>16</sup>Only let us live up to what we have already attained.

<sup>17</sup>Join with others in following my example, brothers, and take note of those who live according to the pattern we gave you. <sup>18</sup>For, as I have often told you before and now say again even with tears, many live as enemies of the cross of Christ. <sup>19</sup>Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is on earthly things. <sup>20</sup>But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ, <sup>21</sup>who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body.

**Philippians 4**

<sup>1</sup>Therefore, my brothers, you whom I love and long for, my joy and crown, that is how you should stand firm in the Lord, dear friends!

**Exhortations**

<sup>2</sup>I plead with Euodia and I plead with Syntyche to agree with each other in the Lord. <sup>3</sup>Yes, and I ask you, loyal yokefellow, help these women who have contended at my side in the cause of the gospel, along with Clement and the rest of my fellow workers, whose names are in the book of life.

*Today's Verse: I Thessalonians 4:3-4*

**1) Read the entire passage.**

**2) Write out today's verse below:**

**3) Choose one of the following to help personalize and memorize the verse:**

-Personal Reflection

-Write a Poem

-Create a Mind Map

-Draw a Picture

-Create Your Own Method (write the verse several times, combine words and pictures, etc.)

**4) Spend some time committing the verse to memory!**

Today's Verse: I Thessalonians 3:12

1) Read the entire passage.

2) Write out today's verse below:

3) Choose one of the following to help personalize and memorize the verse:

- Personal Reflection      -Write a Poem      -Create a Mind Map      -Draw a Picture
- Create Your Own Method (write the verse several times, combine words and pictures, etc.)

4) Spend some time committing the verse to memory!

<sup>4</sup>Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup>Let your gentleness be evident to all. The Lord is near. <sup>6</sup>Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup>And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

<sup>8</sup>Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. <sup>9</sup>Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

**Thanks for Their Gifts**

<sup>10</sup>I rejoice greatly in the Lord that at last you have renewed your concern for me. Indeed, you have been concerned, but you had no opportunity to show it. <sup>11</sup>I am not saying this because I am in need, for I have learned to be content whatever the circumstances. <sup>12</sup>I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. <sup>13</sup>I can do everything through him who gives me strength.

<sup>14</sup>Yet it was good of you to share in my troubles. <sup>15</sup>Moreover, as you Philippians know, in the early days of your acquaintance with the gospel, when I set out from Macedonia, not one church shared with me in the matter of giving and receiving, except you only; <sup>16</sup>for even when I was in Thessalonica, you sent me aid again and again when I was in need. <sup>17</sup>Not that I am looking for a gift, but I am looking for what may be credited to your account. <sup>18</sup>I have received full payment and even more; I am amply supplied, now that I have received from Epaphroditus the gifts you sent. They are a fragrant offering, an acceptable sacrifice, pleasing to God. <sup>19</sup>And my God will meet all your needs according to his glorious riches in Christ Jesus.

<sup>20</sup>To our God and Father be glory for ever and ever. Amen.

**Final Greetings**

<sup>21</sup>Greet all the saints in Christ Jesus. The brothers who are with me send greetings. <sup>22</sup>All the saints send you greetings, especially those who belong to Caesar's household.

<sup>23</sup>The grace of the Lord Jesus Christ be with your spirit. Amen.

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**I Thessalonians I**

<sup>1</sup>Paul, Silas and Timothy,

To the church of the Thessalonians in God the Father and the Lord Jesus Christ:

Grace and peace to you.

**Thanksgiving for the Thessalonians' Faith**

<sup>2</sup>We always thank God for all of you, mentioning you in our prayers. <sup>3</sup>We continually remember before our God and Father your work produced by faith, your labor prompted by love, and your endurance inspired by hope in our Lord Jesus Christ.

<sup>4</sup>For we know, brothers loved by God, that he has chosen you. <sup>5</sup>because our gospel came to you not simply with words, but also with power, with the Holy Spirit and with deep conviction. You know how we lived among you for your sake. <sup>6</sup>You became imitators of us and of the Lord; in spite of severe suffering, you welcomed the message with the joy given by the Holy Spirit. <sup>7</sup>And so you became a model to all the believers in Macedonia and Achaia. <sup>8</sup>The Lord's message rang out from you not only in Macedonia and Achaia—your faith in God has become known everywhere.

Therefore we do not need to say anything about it, <sup>9</sup>for they themselves report what kind of reception you gave us. They tell how you turned to God from idols to serve the living and true God, <sup>10</sup>and to wait for his Son from heaven, whom he raised from the dead—Jesus, who rescues us from the coming wrath.

## I Thessalonians 2

**Paul's Ministry in Thessalonica**

<sup>1</sup>You know, brothers, that our visit to you was not a failure. <sup>2</sup>We had previously suffered and been insulted in Philippi, as you know, but with the help of our God we dared to tell you his gospel in spite of strong opposition. <sup>3</sup>For the appeal we make does not spring from error or impure motives, nor are we trying to trick you. <sup>4</sup>On the contrary, we speak as men approved by God to be entrusted with the gospel. We are not trying to please men but God, who tests our hearts. <sup>5</sup>You know we never used flattery, nor did we put on a mask to cover up greed—God is our witness. <sup>6</sup>We were not looking for praise from men, not from you or anyone else.

As apostles of Christ we could have been a burden to you, <sup>7</sup>but we were gentle among you, like a mother caring for her little children. <sup>8</sup>We loved you so much that we were delighted to share with you not only the gospel of God but our lives as well, because you had become so dear to us. <sup>9</sup>Surely you remember, brothers, our toil and hardship; we worked night and day in order not to be a burden to anyone while we preached the gospel of God to you.

<sup>10</sup>You are witnesses, and so is God, of how holy, righteous and blameless we were among you who believed. <sup>11</sup>For you know that we dealt with each of you as a father deals with his own children, <sup>12</sup>encouraging, comforting and urging you to live lives worthy of God, who calls you into his kingdom and glory.

<sup>13</sup>And we also thank God continually because, when you received the word of God, which you heard from us, you accepted it not as the word of men, but as it actually is, the word of God, which is at work in you who believe. <sup>14</sup>For you, brothers, became imitators of God's churches in Judea, which are in Christ Jesus: You suffered from your own countrymen the same things those churches suffered from the Jews, <sup>15</sup>who killed the Lord Jesus and the prophets and also drove us out. They displease God and are hostile to all men <sup>16</sup>in their effort to keep us from speaking to the Gentiles so that they may be saved. In this way they always heap up their sins to the limit. The wrath of God has come upon them at last.

**Paul's Longing to See the Thessalonians**

<sup>17</sup>But, brothers, when we were torn away from you for a short time (in person, not in thought), out of our intense longing we made every effort to see you. <sup>18</sup>For we wanted to come to you—certainly I, Paul, did, again and again—but Satan stopped us. <sup>19</sup>For what is our hope, our joy, or the crown in which we will glory in the presence of our Lord Jesus when he comes? Is it not you? <sup>20</sup>Indeed, you are our glory and joy.

## I Thessalonians 3

<sup>1</sup>So when we could stand it no longer, we thought it best to be left by ourselves in Athens. <sup>2</sup>We sent Timothy, who is our brother and God's fellow worker<sup>[a]</sup> in spreading the gospel of Christ, to strengthen and encourage you in your faith, <sup>3</sup>so that no one would be unsettled by these trials. You know quite well that we were destined for them. <sup>4</sup>In fact, when we were with you, we kept telling you that we would be persecuted. And it turned out that way, as you well know. <sup>5</sup>For this reason, when I could stand it no longer, I sent Timothy to find out about your faith. I was afraid that in some way the tempter might have tempted you and our efforts might have been useless.

Today's Verse: I Thessalonians 2:4

**1) Read the entire passage.**

**2) Write out today's verse below:**

**3) Choose one of the following to help personalize and memorize the verse:**

-Personal Reflection

-Write a Poem

-Create a Mind Map

-Draw a Picture

-Create Your Own Method (write the verse several times, combine words and pictures, etc.)

**4) Spend some time committing the verse to memory!**



## I Thessalonians 5

<sup>1</sup>Now, brothers, about times and dates we do not need to write to you, <sup>2</sup>for you know very well that the day of the Lord will come like a thief in the night. <sup>3</sup>While people are saying, "Peace and safety," destruction will come on them suddenly, as labor pains on a pregnant woman, and they will not escape.

<sup>4</sup>But you, brothers, are not in darkness so that this day should surprise you like a thief. <sup>5</sup>You are all sons of the light and sons of the day. We do not belong to the night or to the darkness. <sup>6</sup>So then, let us not be like others, who are asleep, but let us be alert and self-controlled. <sup>7</sup>For those who sleep, sleep at night, and those who get drunk, get drunk at night. <sup>8</sup>But since we belong to the day, let us be self-controlled, putting on faith and love as a breastplate, and the hope of salvation as a helmet. <sup>9</sup>For God did not appoint us to suffer wrath but to receive salvation through our Lord Jesus Christ. <sup>10</sup>He died for us so that, whether we are awake or asleep, we may live together with him. <sup>11</sup>Therefore encourage one another and build each other up, just as in fact you are doing.

**Final Instructions**

<sup>12</sup>Now we ask you, brothers, to respect those who work hard among you, who are over you in the Lord and who admonish you. <sup>13</sup>Hold them in the highest regard in love because of their work. Live in peace with each other. <sup>14</sup>And we urge you, brothers, warn those who are idle, encourage the timid, help the weak, be patient with everyone. <sup>15</sup>Make sure that nobody pays back wrong for wrong, but always try to be kind to each other and to everyone else.

<sup>16</sup>Be joyful always; <sup>17</sup>pray continually; <sup>18</sup>give thanks in all circumstances, for this is God's will for you in Christ Jesus.

<sup>19</sup>Do not put out the Spirit's fire; <sup>20</sup>do not treat prophecies with contempt. <sup>21</sup>Test everything. Hold on to the good. <sup>22</sup>Avoid every kind of evil.

<sup>23</sup>May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. <sup>24</sup>The one who calls you is faithful and he will do it.

<sup>25</sup>Brothers, pray for us. <sup>26</sup>Greet all the brothers with a holy kiss. <sup>27</sup>I charge you before the Lord to have this letter read to all the brothers.

<sup>28</sup>The grace of our Lord Jesus Christ be with you.

1) Write out this week's four verses below.

2) Spend extended time reviewing and memorizing the verses.

**Date: Thursday, 7/29**

**Text: I Thessalonians 1**

**Date: Monday, 7/12**

**Text: Philippians 1:1-11**

*Today's Verse: I Thessalonians 1:3*

**1) Read the entire passage.**

**2) Write out today's verse below:**

**3) Choose one of the following to help personalize and memorize the verse:**

-Personal Reflection      -Write a Poem      -Create a Mind Map      -Draw a Picture  
-Create Your Own Method (write the verse several times, combine words and pictures, etc.)

**4) Spend some time committing the verse to memory!**

*Today's Verse: Philippians 1:6*

**1) Read the entire passage.**

**2) Write out today's verse below:**

**3) Choose one of the following to help personalize and memorize the verse:**

-Personal Reflection      -Write a Poem      -Create a Mind Map      -Draw a Picture  
-Create Your Own Method (write the verse several times, combine words and pictures, etc.)

**4) Spend some time committing the verse to memory!**

Today's Verse: Philippians 1:21

1) Read the entire passage.

2) Write out today's verse below:

3) Choose one of the following to help personalize and memorize the verse:

-Personal Reflection      -Write a Poem      -Create a Mind Map      -Draw a Picture

-Create Your Own Method (write the verse several times, combine words and pictures, etc.)

4) Spend some time committing the verse to memory!

Today's Verse: Philippians 4:8

1) Read the entire passage.

2) Write out today's verse below:

3) Choose one of the following to help personalize and memorize the verse:

-Personal Reflection      -Write a Poem      -Create a Mind Map      -Draw a Picture

-Create Your Own Method (write the verse several times, combine words and pictures, etc.)

4) Spend some time committing the verse to memory!

Today's Verse: Philippians 4:6

**1) Read the entire passage.**

**2) Write out today's verse below:**

**3) Choose one of the following to help personalize and memorize the verse:**

-Personal Reflection      -Write a Poem      -Create a Mind Map      -Draw a Picture

-Create Your Own Method (write the verse several times, combine words and pictures, etc.)

**4) Spend some time committing the verse to memory!**

Today's Verse: Philippians 1:27

**1) Read the entire passage.**

**2) Write out today's verse below:**

**3) Choose one of the following to help personalize and memorize the verse:**

-Personal Reflection      -Write a Poem      -Create a Mind Map      -Draw a Picture

-Create Your Own Method (write the verse several times, combine words and pictures, etc.)

**4) Spend some time committing the verse to memory!**

**Date: Thursday, 7/15**

**Text: Philippians 2:1-11**

**Date: Monday, 7/26**

**Text: Philippians 3:12-21**

*Today's Verse: Philippians 2:1-2*

**1) Read the entire passage.**

**2) Write out today's verse below:**

**3) Choose one of the following to help personalize and memorize the verse:**

-Personal Reflection      -Write a Poem      -Create a Mind Map      -Draw a Picture

-Create Your Own Method (write the verse several times, combine words and pictures, etc.)

**4) Spend some time committing the verse to memory!**

*Today's Verse: Philippians 3:20*

**1) Read the entire passage.**

**2) Write out today's verse below:**

**3) Choose one of the following to help personalize and memorize the verse:**

-Personal Reflection      -Write a Poem      -Create a Mind Map      -Draw a Picture

-Create Your Own Method (write the verse several times, combine words and pictures, etc.)

**4) Spend some time committing the verse to memory!**

**Date: Saturday, 7/24**

**VERSE REVIEW**

1) Write out your favorite verse from this week's verses:

2) Why is it your favorite?

3) Spend some time reviewing this week's verses!

**Date: Friday, 7/16**

**VERSE REVIEW**

1) Write out this week's four verses below.

2) Spend extended time reviewing and memorizing the verses.

**Date: Sunday, 7/25**

**VERSE REVIEW**

1) Write out the verse you are having the most trouble memorizing **three times**:

2) Spend some time reviewing this week's verses!

**Date: Saturday, 7/17**

**VERSE REVIEW**

1) Write out your favorite verse from this week's verses:

2) Why is it your favorite?

3) Spend some time reviewing this week's verses!

**Date: Sunday, 7/18**

**VERSE REVIEW**

1) Write out the verse you are having the most trouble memorizing **three times**:

2) Spend some time reviewing this week's verses!

**Date: Friday, 7/23**

**VERSE REVIEW**

1) Write out this week's four verses below.

2) Spend extended time reviewing and memorizing the verses.

*Today's Verse: Philippians 3:13-14*

**1) Read the entire passage.**

**2) Write out today's verse below:**

**3) Choose one of the following to help personalize and memorize the verse:**

- Personal Reflection
- Write a Poem
- Create a Mind Map
- Draw a Picture
- Create Your Own Method (write the verse several times, combine words and pictures, etc.)

**4) Spend some time committing the verse to memory!**

*Today's Verse: Philippians 2:3-4*

**1) Read the entire passage.**

**2) Write out today's verse below:**

**3) Choose one of the following to help personalize and memorize the verse:**

- Personal Reflection
- Write a Poem
- Create a Mind Map
- Draw a Picture
- Create Your Own Method (write the verse several times, combine words and pictures, etc.)

**4) Spend some time committing the verse to memory!**

*Today's Verse: Philippians 2:14-15*

**1) Read the entire passage.**

**2) Write out today's verse below:**

**3) Choose one of the following to help personalize and memorize the verse:**

-Personal Reflection      -Write a Poem      -Create a Mind Map      -Draw a Picture

-Create Your Own Method (write the verse several times, combine words and pictures, etc.)

**4) Spend some time committing the verse to memory!**

*Today's Verse: Philippians 3:7-8*

**1) Read the entire passage.**

**2) Write out today's verse below:**

**3) Choose one of the following to help personalize and memorize the verse:**

-Personal Reflection      -Write a Poem      -Create a Mind Map      -Draw a Picture

-Create Your Own Method (write the verse several times, combine words and pictures, etc.)

**4) Spend some time committing the verse to memory!**